

# Beginner Hat

by Juliet Bernard



## SIZE

To fit an innocent smoothie

## YARN

Any DK weight yarn in a colour of your choice

## YOU WILL ALSO NEED

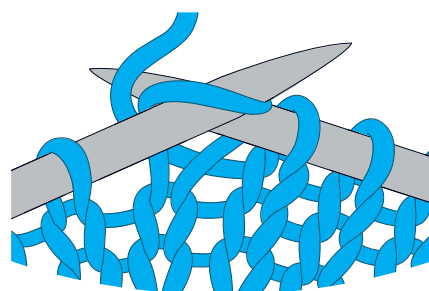
- A pair of small Pony knitting needles (3.25mm - 4mm)
- A sewing needle
- A bobble (optional)

## TENSION

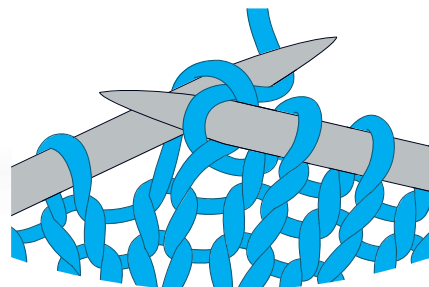
Tension is not critical for this project

## HOW TO KNIT

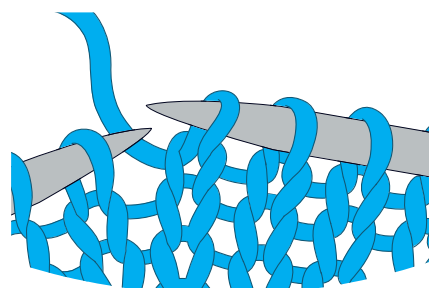
1. Insert the tip of the right needle through the first loop on the left needle, from front to back. Then wrap the working yarn around the tip of the right needle



2. Pull the tip of the right needle and the yarn through the loop on the left needle



3. Slip the old loop off the left needle to complete the stitch. Continue knitting stitches in this way until all the stitches on the left needle have been knitted onto the right needle. You have now completed one row of the knit stitch. Now pat yourself on the back



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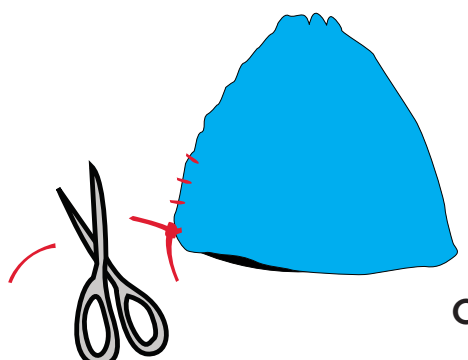
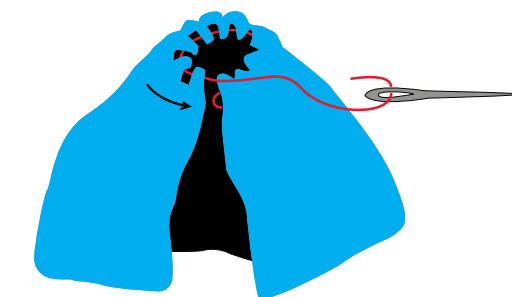
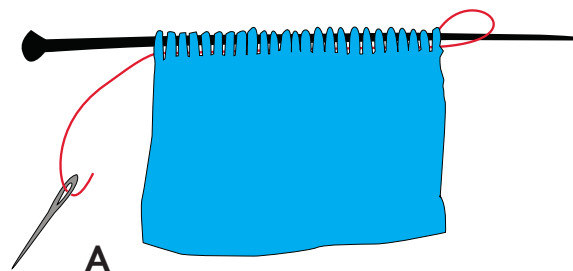


Thanks for knitting a little hat for the innocent Big Knit. Your creation will go onto one of innocent's smoothie bottles, into the shops, and help keep older people warm and well this winter. Please send your hats to The Big Knit, Fruit Towers, 342 Ladbrooke Grove, W10 5BU. To find out more visit [thebigknit.co.uk](http://thebigknit.co.uk)

## PATTERN

### Hat

1. Pop your feet up with a cup of tea
2. Using double knitting yarn and some small needles, cast on 28 stitches
3. Knit 2 rows. Then, starting with a knit row, work in stocking stitch (knit 1 row, purl 1 row, knit 1 row etc) for 12 more rows
4. For the next row, knit 2 together to the end (14 stitches). And for the row after that, purl 2 together to the end (7 stitches)
5. When you've finished, cut the yarn leaving about 25 cm. Thread the cut end of the yarn through a sewing needle, then run it through the loops and remove the knitting needle (fig. A)
6. Tighten the yarn (fig. B) and sew the little hat together at the side (fig. C). Once finished, turn it right-side out so that the seam you've just sewn runs up the inside
7. Just to check you're on the right track we reckon when laid out flat, the hat dimensions should be about 5-7cm along the bottom and at least 3cm high
8. Sew a little bobble onto the top of the hat. If you didn't learn how to make bobbles at school like us, ask at your local wool shop or department store, they'll be able to help you



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